

# How To Create A Video In **FOUR EASY STEPS**



## **STEP 1:**

Download 1 Second Everyday, a free app available on the App store and Google Play. This user-friendly program allows you to create a video compiling one second from several other pre-recorded videos.

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## **STEP 2:**

Spend 30 days recording footage. Record one video of your daily life each of the next 30 days. Remember, you will only end up using one second per video and these will be combined with other videos. Try experimenting with different camera shots, subject matter, and motion/sound.

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## **STEP 3:**

After you have recorded all of the footage, upload the videos and cut the one second necessary. Then, follow the steps to export the final video and enjoy!

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## **STEP 4:**

As you think about your experiences over the past 30 days, think about what you have learned and how you can bring that back to your students. What will they need to know to set them up for success?